

HOW TO BE

*Wildly Wealthy*  
FAST

COMPANION  
WORKBOOK



ATTRACT

UNLIMITED ABUNDANCE TODAY!

SANDY FORSTER

# Congratulations!

This Companion Workbook has been created to use with my bestselling book 'How To Be Wildly Wealthy FAST'. The Workbook by itself doesn't cover the exercises, tips, strategies, and secrets that can massively change your life, so if you don't already own the book visit Amazon to get your copy now so you can really make the most of your exciting journey to prosperity and abundance.

A few tips to get the most out of this Workbook.

1. Some people find they get more out of the actual book if they read through from cover to cover first, then go back to the start again and begin applying the exercises in this workbook chapter by chapter. Some people prefer to do each exercise as they read through the book. Do what feels right for YOU. However, the number one tip I can give you is – complete ALL the exercises, whether it's over a month, 6 months, or a year.

If you are SERIOUS about creating a life of prosperity and success, this will be a vital part of your journey.

2. Be honest with yourself. The whole point of working through this workbook is so you can see where you are now and how you are moving forward.

3. I have included a Successes section at the very end of this workbook. This is for you to record evidence that you are 'in the flow'. It's important to acknowledge success, both large and small. Often when challenging times occur and you seem stuck, it's powerful to read through and acknowledge all you have already manifested. It strengthens your belief and allows you to become even more magnetic to all you desire.

4. Make sure you send your successes to [info@wildlywealthy.com](mailto:info@wildlywealthy.com) I would love to hear the difference I am making in YOUR life.

5. Most of all ENJOY the book, ENJOY the workbook, ENJOY the exercises and ENJOY your journey to creating more prosperity, abundance, success, and riches than you ever thought possible!



Sandy  
FORSTER

Money Mindset Mentor and Author



Get your copy of my book here:



And get all your book bonuses here: [www.WildlyWealthyFast.com](http://www.WildlyWealthyFast.com)

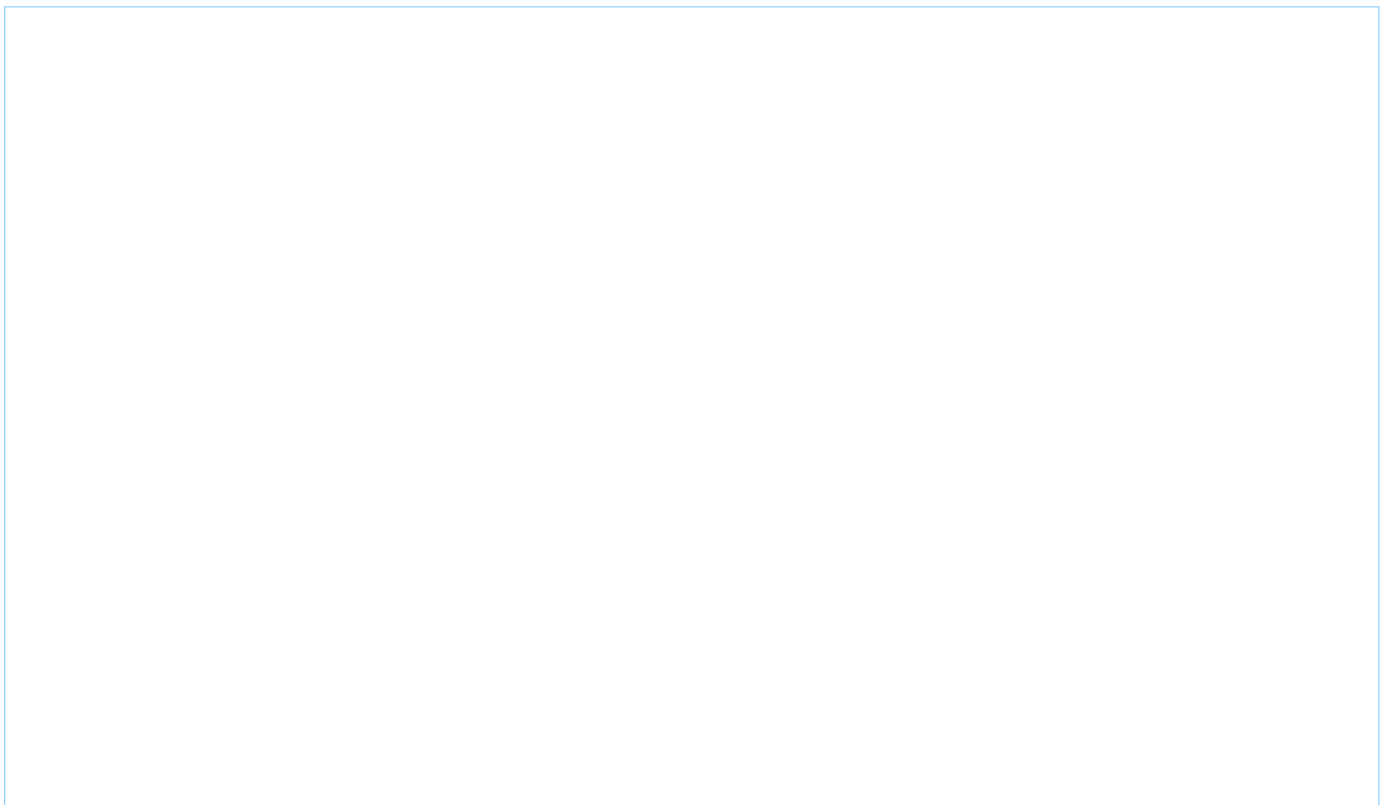
## Where It All Began

Jot down where YOU are now in your life. Don't dwell on your situation (particularly if it's a LONG way from where you ultimately want to be), just record it, so you can look back in wonder in 6 months or a year or two at how far you've progressed. Be totally honest with yourself. Facing your situation head-on and admitting, where you are, can release the energy you hold around any challenges and propel you forward at lightning speed!



## The Magic Pen

Take a moment to write down what your ideal day would look like. What would you be doing, how would you be feeling, how would your life be different?



# What's in Your Warehouse?



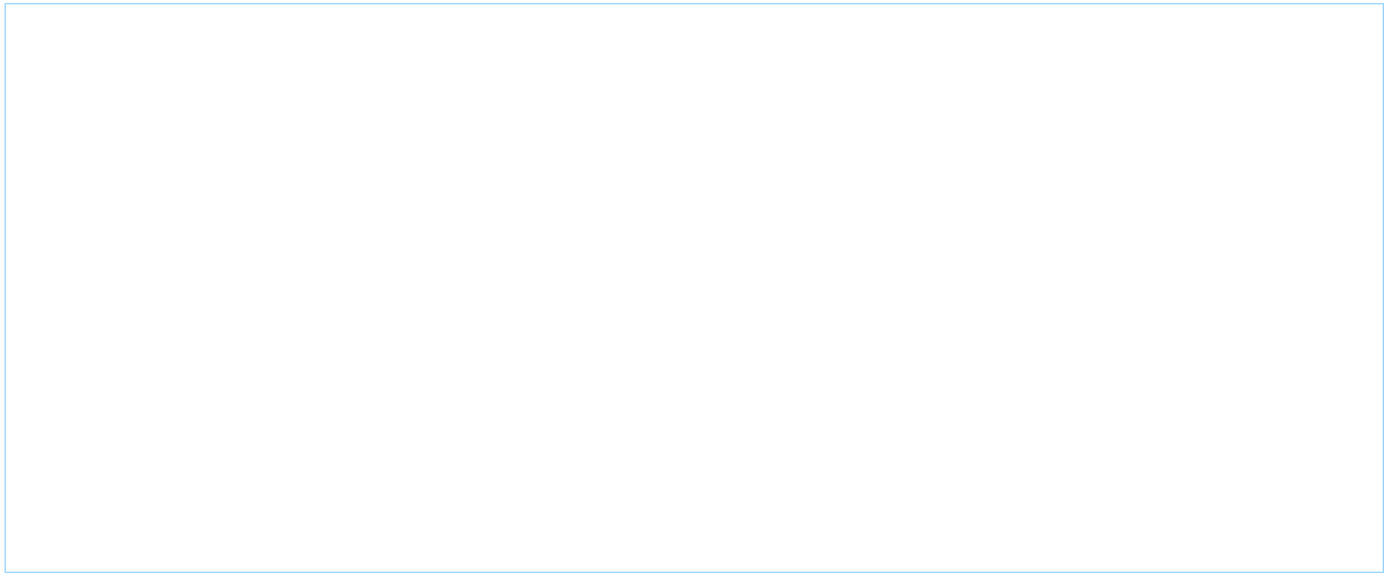
As you read through How To Be Wildly Wealthy FAST, make a list of your desires as they come to mind. Continue to add to them as you think of them.

## Your Intention Sharpens Your Attention

Write down the reason you are reading this book and what you would like to achieve over the next 2 – 6 months. Include things such as: the amount of money you would like to be making and how your life would be different making that much money. How you would feel if you were making that much money and what would you be doing differently now? If you'd like something specific (a car, house, job, business or sum of money) write that down, and imagine it is in your life right now – how does that make you feel?

# Abundance in a Minute

Listen to your Abundance Breath Audio at [www.wildlywealthyfast.com](http://www.wildlywealthyfast.com) What emotions flood your body, and how does that make you feel? What colour do you light up from the inside out with?



## Change Your Focus, Change Your Life

Begin feeding your mind with positive thoughts, images, and sounds that keep you focused on what you DO want to attract into your life.

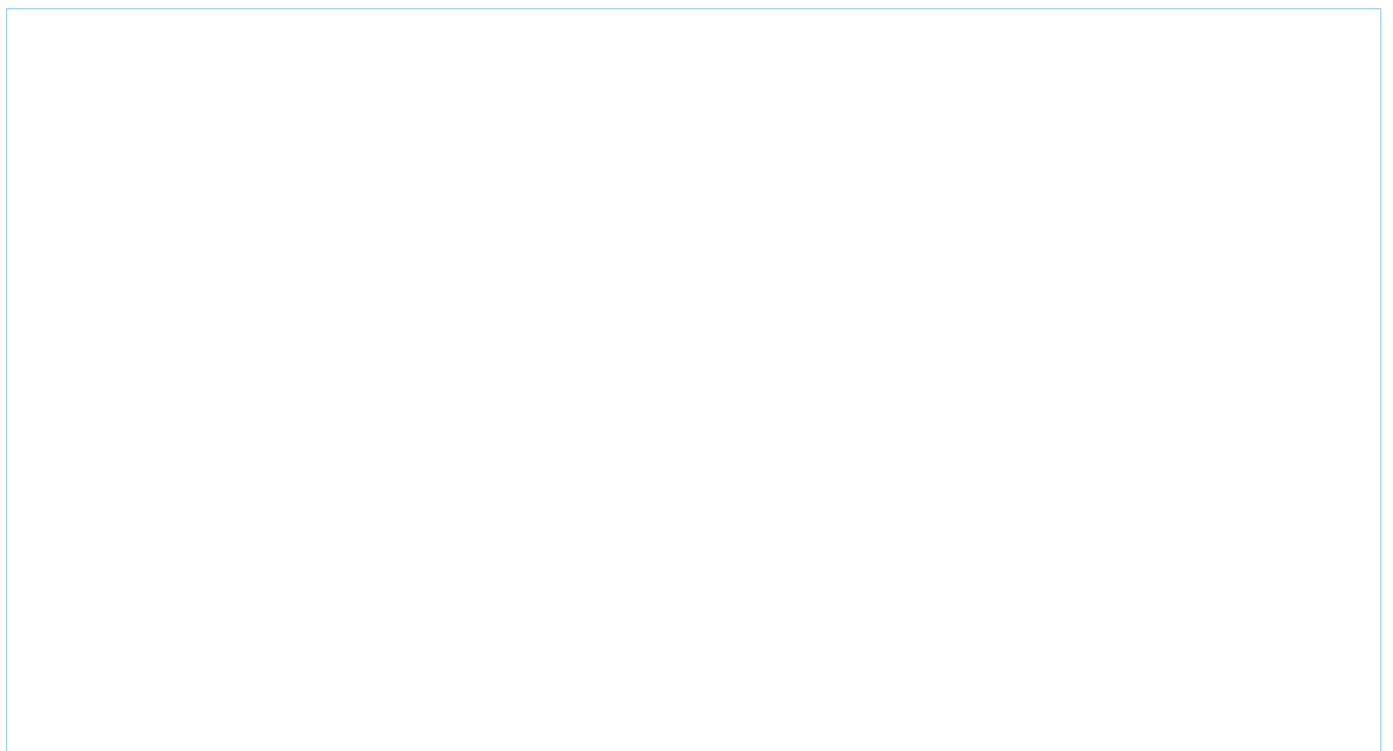
What magazines or newspapers do you usually read on a regular basis?

How much do they cost you each week or month in total?

Work out approx. how much time you spend each week reading these.

How much time do you spend each day watching TV? How much time do you spend on the mindless internet or social media each day?

Now make a list of all the places you can get inspiring, uplifting information for free, e.g, library, internet, webinars, etc.



# The Three Minute Money Marvel



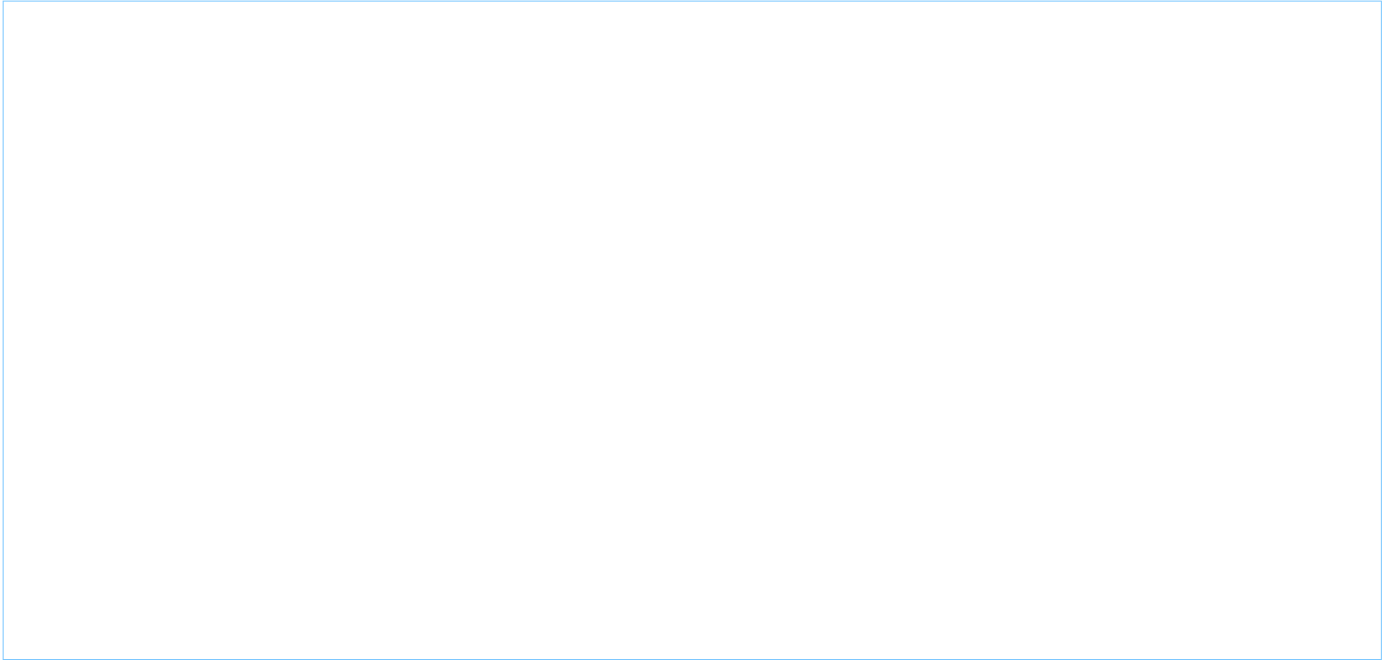
Begin writing in your gratitude journal TODAY! Connect (at a heart level) to the fact that at this exact point in time, there are billions of people all around the world who – if they could exchange places with you for just one day - would be living a life so far beyond anything they could imagine. Your worst day is someone else's dream come true. Take a moment to write down how that makes you feel about what you currently do have in your life right now, and how that may change your perception on a day-to-day basis.

## An Attitude of Gratitude

Write down at least 25 things that you can be grateful for already.

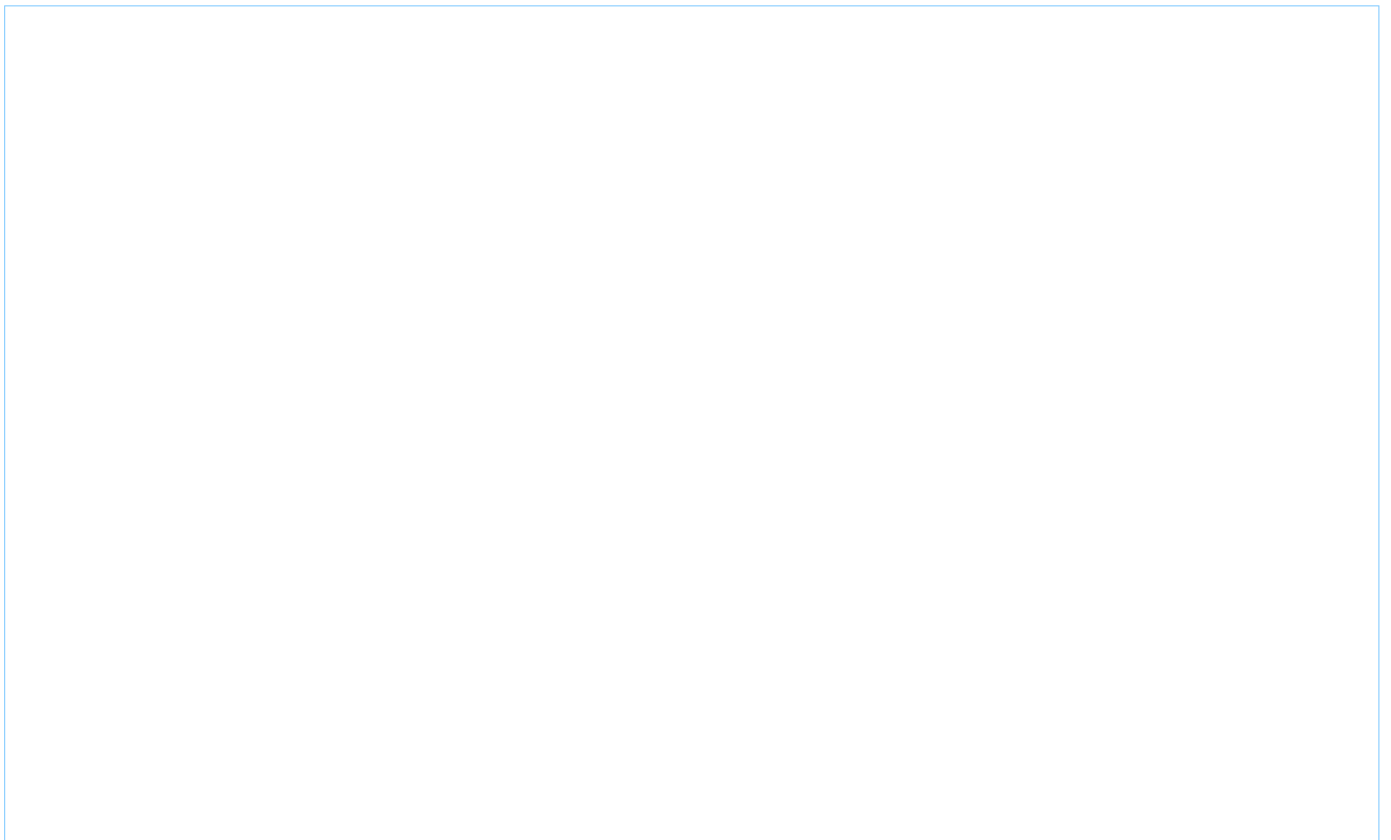
## Why Wealthy?

Make a list of the people whom you would like to inspire and how it would make a difference in their lives. What would that mean to you, how would that make you feel?



## Pay the Person Who Will Make YOU Rich

Open your special account and put 10% of your income in it consistently. Write down the date you open it, what you called it, and how much money you have in there now. How does it make you feel knowing you have an account specifically set up to move you toward being financially free? Write down the emotions you feel.



# The Universe Abhors a Vacuum



Clear your clutter... Write down a list of rooms that need de-cluttering. Leaving a few lines between each room or area. Then write a list of areas within that room that need sorting.

Example:

Kitchen - pantry - cutlery drawer - pots and pans cupboard - cupboard under the sink - plastic storage cupboard - cooking drawers

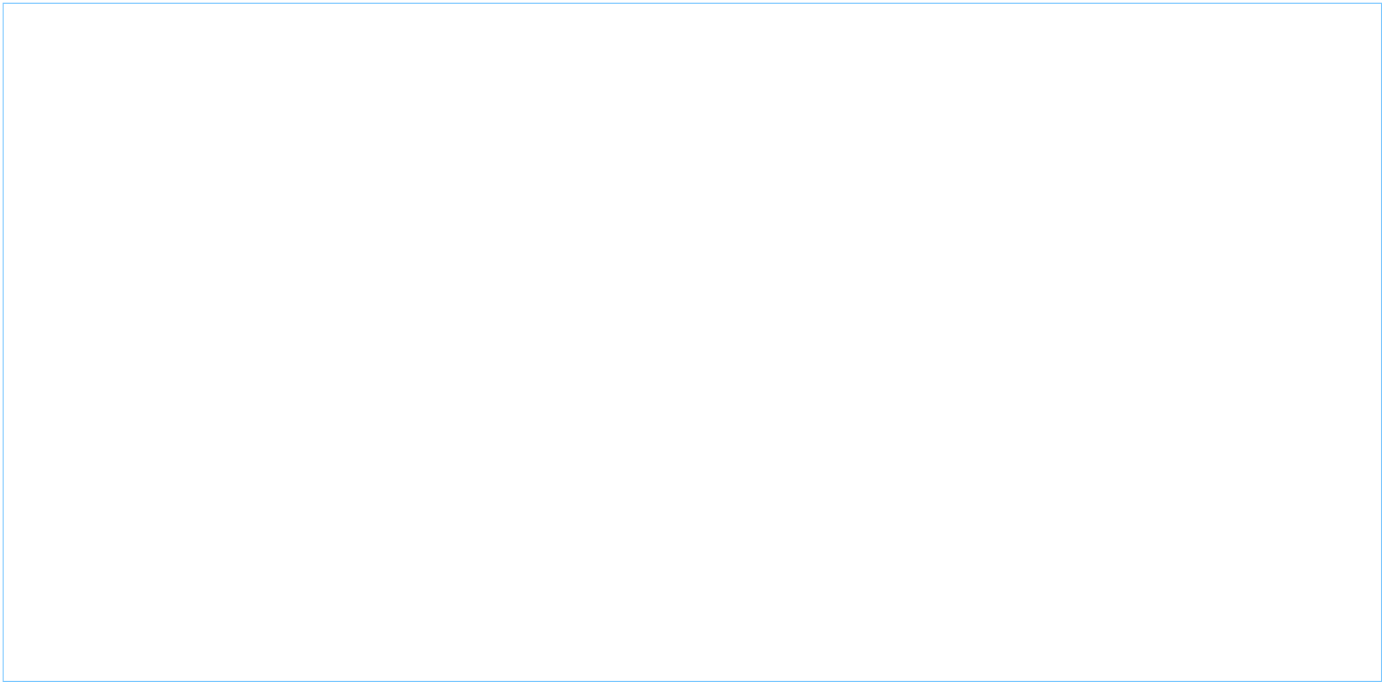
Go through your list and decide which room you will make a start on first, which you will tackle second, which will be the third, etc., and write numbers next to each room. It's sometimes easier to choose the easiest one first to get you started. Look in your day planner and find a day where you have some spare time – 15 mins. is all you need to get started.

Decide if you are going to have a garage or yard sale, and if so, write down the date (or at least the month) you will have it:

If you would prefer to donate the items you no longer require, make a list of charities/organisations and their contact details.

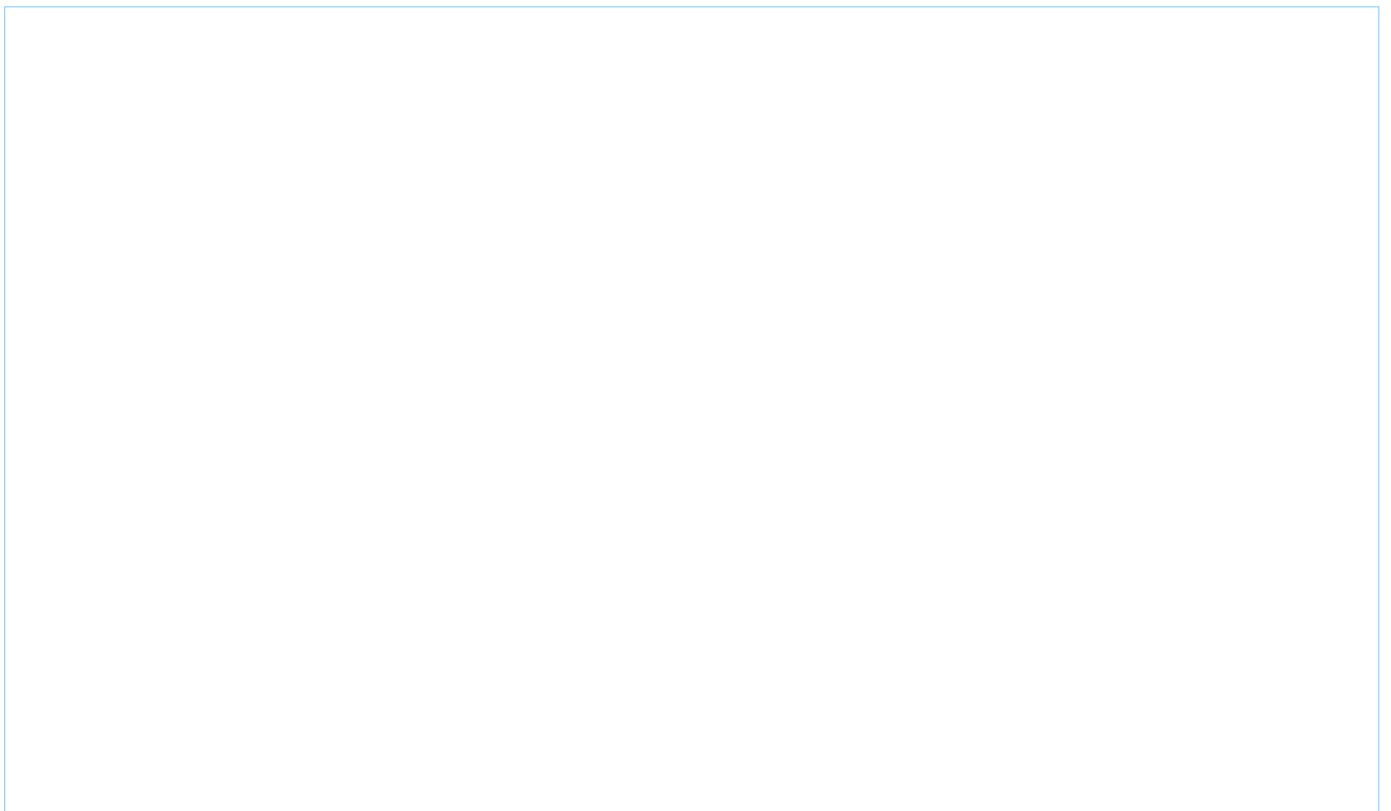
## Poverty or Prosperity Consciousness?

Make a list of some of the negative phrases or comments you remember around money growing up. Once you have your list, put a line through it and write the opposite, e.g: Money doesn't grow on trees. change to: I can grow my own money tree and I'm planting one now!



## Will the Universe Make YOU Rich?

Think and feel for a moment what it would be like to be living in a 3rd world country, with no water, food, electricity, shelter, safety, transport, etc., and then think and feel how lucky you are for all you do have. Take a moment to feel so grateful and happy and then write down how lucky you are for the prosperity and abundance that you do already have in your life.



# Predominant Mental Attitude



Be aware of your thoughts – focus on HAVING money. Become mindful of the thoughts you currently have around money. Do you constantly think about the abundance you do have, or do you focus on your bills, the things you are missing out on, and the lack in your life? Jot down your observations about your thoughts around money, and describe the feelings you feel when you think those thoughts.

## Millionaire Plan

Go to [www.WildlyWealthyFast.com](http://www.WildlyWealthyFast.com) for a list of 'Affirmations for Abundance' to help you create your OWN powerful affirmations. Notice any negative affirmations or phrases you tell yourself during the day and write them down. Now put a line through it and write the opposite. Every time you catch yourself saying something negative, turn it around and say the opposite.

Use the four-part 'baby-steps' process to create your own positive affirmation/s, as per the sample below – you will notice the underlined words in the affirmation stay the same – it is simply the level of your acceptance of that affirmation that changes.

I am now ready to accept that I am now in the process of becoming a debt-free millionaire

I am now in the process of becoming a debt-free millionaire

I am now becoming a debt-free millionaire

I am now a debt-free millionaire

## Double Your Attraction Powers

Look at your current favourite affirmation, count how many words are in the affirmation, and write it down that many times e.g., if your affirmation has 10 words, write it down 10 times.

Important: as you are writing down your affirmation, emphasise a different word each time. The first time you write it down, say the affirmation and emphasise and feel the first word most of all. The second time you write it down, emphasise and feel the second word most of all and keep going until you've emphasised each word of your affirmation

# Discover Your Hidden Dollars



Enjoy being frugal. Put the money you've saved directly into your savings/investment account or pay off your debts. Visit [www.wildlywealthyfast.com](http://www.wildlywealthyfast.com) and get your Hidden Treasure ebook with over 101 great ways to find more money to set you financially free. Choose at least 10 ways YOU will start saving immediately and add up how much money that will save you over a year.

## Open the Abundance Flow

Love the flow of money in and out. Bless your money as it flows out.

Think about spending money or paying an account and feel the love you have for the flow of money and the appreciation you feel for being able to use that service, product, or thing. Jot down ways you can make your 'paying bills day' a peaceful and loving experience.

# I Love Money!

Love your money and it will spend more time with you. Write down ten times “I love money and money loves me”

Stand up right now and chant 3 times “I love money and money loves me” and say it with emotion and MEAN it. Grab a note or bill now and kiss it, and again say “I love money and money loves me, and money is drawn to me just like a magnet”.

## Embrace Financial Freedom

List your debts and see and feel each one as already paid off. Cross your debts off as you pay them and feel proud of yourself.

Make a declaration to yourself now and write out the following:

From this moment on, I (insert your name), will use my credit cards responsibly and sensibly. I will only use them when absolutely necessary and always pay more than is owed on my cards every month. My decision to take responsibility for my credit card debt is a massive step in achieving a life of prosperity and I embrace the financial freedom it will bring me now! (Sign and date your declaration)

# See Your Desire, Create Your Desire



Write down what is it you want to attract – be specific. For example, rather than just say a new car, describe the make; the exterior colour; the interior; how it looks and how you feel as you drive it, etc.

Take a photo of it and place it here, or cut a picture out of a magazine that is the closest to your ideal of what you want to attract into your life.

Get yourself some cardboard, scissors, glue, and some old magazines, or surf the internet and spend some time on the weekend putting together your Vision Board. Include all the things that make your heart sing.

# Let The Universe Do its Job!

Resign as Manager of the Universe; know what you want and let the Universe take over. Write out and sign the following declaration:

I, (insert your name), now willingly and happily resign my part in the implementation, strategising, and delivering of my heart's desires. I now understand that my job as the co-creator of my life is to know exactly what it is I want, continue to focus on it, and believe beyond a shadow of a doubt that the Universe will deliver. As I am guided toward taking inspired action, I will take the necessary steps to propel me even faster and closer to my dreams. I willingly declare that I believe the Universe has all resources, abilities, contacts, ideas, finances, and strategies for my desire to be attracted to me easily and effortlessly and, therefore, resign as Manager of the Universe and happily let it do its thing! Signed and dated (insert your signature and today's date).

# Raise Your Vibration



Choose 5 ways to show you are honouring your 'temple' from the list in this chapter that you could begin implementing in your life over the next month. Remember: you are trying to change from the inside out; cell by cell you are transforming yourself. Do not try and dramatically alter your lifestyle in one day – you could be setting yourself up for failure. Rather, write the top 5 changes you would like to see in your life and number them from 1 to 5. Start by implementing one thing a week (or even one a month – whatever suits YOU). You may choose the most difficult to do first or the easiest. It's totally up to you. Only YOU know what you are capable of (and remember: you are probably more capable than you can possibly imagine).

Now choose at least 10 things from the list of ways to raise your vibration that resonate with you (or make up some of your own that really make your heart sing). Make a commitment to yourself that you will do at least one of these things each and every day for the rest of your life.

# Where is YOUR Money Going?

Track your money, go to [www.WildlyWealthyFast.com](http://www.WildlyWealthyFast.com) for a sample tracking money sheet After at least a week of tracking your money, decide where you might make some changes.

Make a list of at least 5 things that you didn't realise you were spending so much money on that you will make better decisions on in the future.

## Magical Manifesting Muscle

Exercise your Magical Manifesting Muscle by feeling love flowing through you – from you and to you – and then envelope your desires in that same feeling.

Go to [www.WildlyWealthyFast.com](http://www.WildlyWealthyFast.com) to listen to the Magical Manifesting Muscle guided visualization, then write down the feelings you felt as you were doing it. How did your body feel physically, how did you feel emotionally? What area of your body felt most affected and in what way? How did you feel after the exercise? THESE are the feelings you want to bring into any process I share with you, to make you more magnetic to your desires

# Gateway to Your Wealth



Use the alpha state as you drift off to sleep and as you wake in the morning to create the life of your dreams. Also, whenever you are waiting in traffic, riding the train or bus to work, sitting in a waiting room, or generally not doing anything in particular – take the time to slow your breathing, quieten the mind (close your eyes if you can, however, you don't have to, to get into the Alpha state) and focus on what you do want to attract.

Write down some of the moments you experience in your day in which you believe you are already drifting into the Alpha State e.g., in the bath, on the train to work, stuck in traffic, laying on the beach, etc., and USE those times to create the life of your dreams

## Your Treasure Chest

Make a list of the things you would like to see float out of YOUR Treasure Chest each night, then open your Treasure Chest each night as you drift off to sleep and feel the joy of owning all your treasures. For a moment, imagine those things are being delivered to you tomorrow and write down the emotions you'd feel in this moment knowing they are about to manifest.

## Brain Food for Poverty or Prosperity?

Make a list of some uplifting, inspiring, abundance-attracting things you can do during the time you would normally be watching TV.

## Mastermind Your Way to Millions

Become conscious of what you talk about when you get together with others – are you unleashing a mastermind in a powerful uplifting way, or dragging yourself down with negative conversations?

Make a list of all the places you can go to connect with an uplifting mastermind. E.g. webinars, internet, local associations, business meetings, seminars, FB groups, etc. Put a star next to the ones that are most appealing and fit with your lifestyle, and make a point of connecting with a powerful uplifting Mastermind at least once a week.

# Soar With the Eagles



Hang with people who are already where you want to be and share your life-changing information with those who are ready to listen. Make a list of people who have inspired you, either live, through audios, books, webinars, or social media, people who have achieved what you want to achieve. Find out how to connect with them or get more of them e.g. books, audios, webinars, live events, online courses, or programs. Make a list of the product, events, etc. you would like to have (even if you're not in a financial position to spend any more money right now, this is your wish list, an order to the Universe – don't try and figure out HOW you will have what you want, just get clear on what it is). Listen to the guided visualization I've created to help you attract the \$ to do the course or attend the event you want. Find it at [www.WildlyWealthyFast.com](http://www.WildlyWealthyFast.com)

Put a star next to the people you want to meet in person. If they're in your area, invite them out to lunch. If not, send them an email and let them know the impact they've had on your life.

Make a list of the people (family, friends, others) you would like to inspire and write how it would feel knowing you made a positive impact on their lives.

# See Your Dreams into Reality

Visualize daily... Decide from today onward you'll spend at least 5-10 mins seeing in your mind's eye the things you desire! If you like to plan the 'when and where', write down the place and time of day and for how long you will put aside for your daily visualizations.

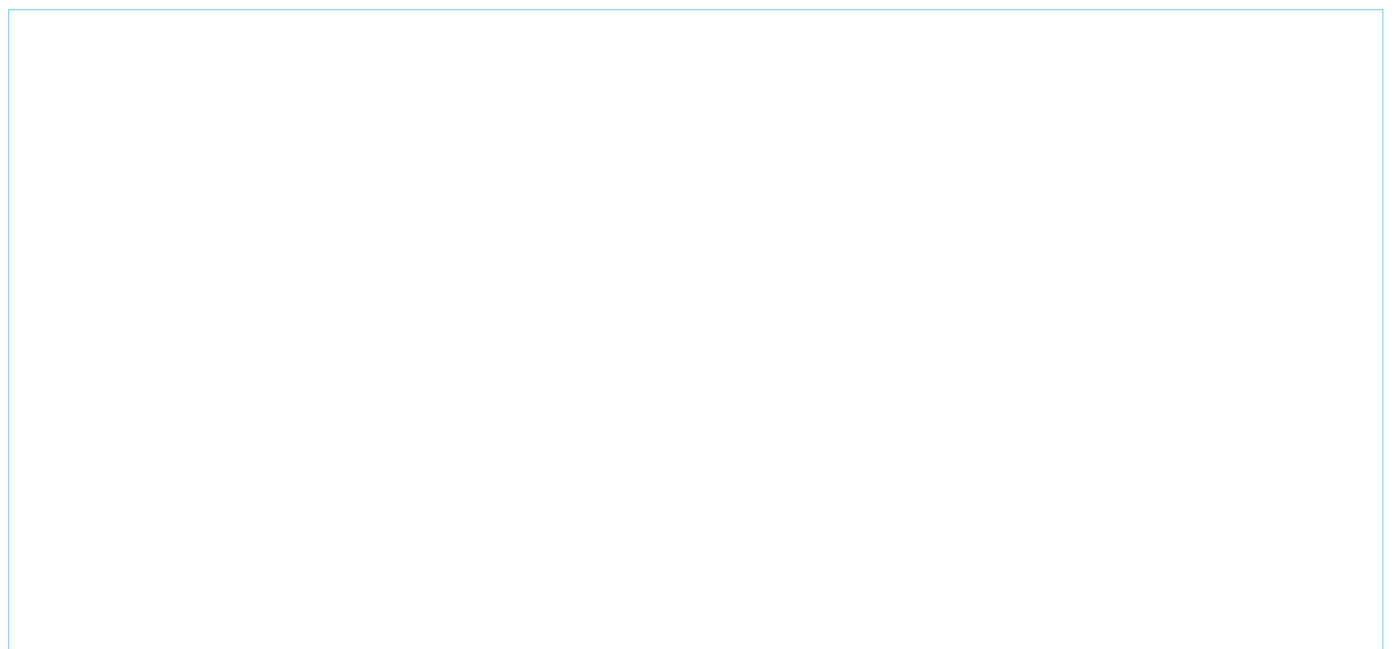
Go to [www.DivineMoneyManifesting.com](http://www.DivineMoneyManifesting.com) if you want dozens of powerful money magnetizing and abundance-attracting guided visualizations (all free when you join the DMM course and community!).



# Expand Your Prosperity Consciousness

Consistently apply the Tips within this book to expand your Prosperity Consciousness.

Join the Millionaire Money Game to massively expand your comfort zone at [www.millionairemoneygame.com](http://www.millionairemoneygame.com) Make a list of at least 5 people you can tell about the game and email them the website address to register. The more people playing the game, the greater the energy created and the more success we all achieve.



Are you consistently applying at least one of the tips in How to Be Wildly Wealthy FAST every single day? Write down the tips you are applying on a regular basis.

A large, empty rectangular box with a thin blue border, intended for the user to write down the tips they are consistently applying on a regular basis.

Put a star next to the exercises, strategies, and ideas you enjoy the most, and make sure you do them daily.

# Make More Money NOW!



If this makes sense for your situation, make a list of jobs you could do to bring in more money. Don't get your logical mind involved about whether it's possible in your city, or if that kind of job is available. Just make a list of at least a dozen ways you could make more money.

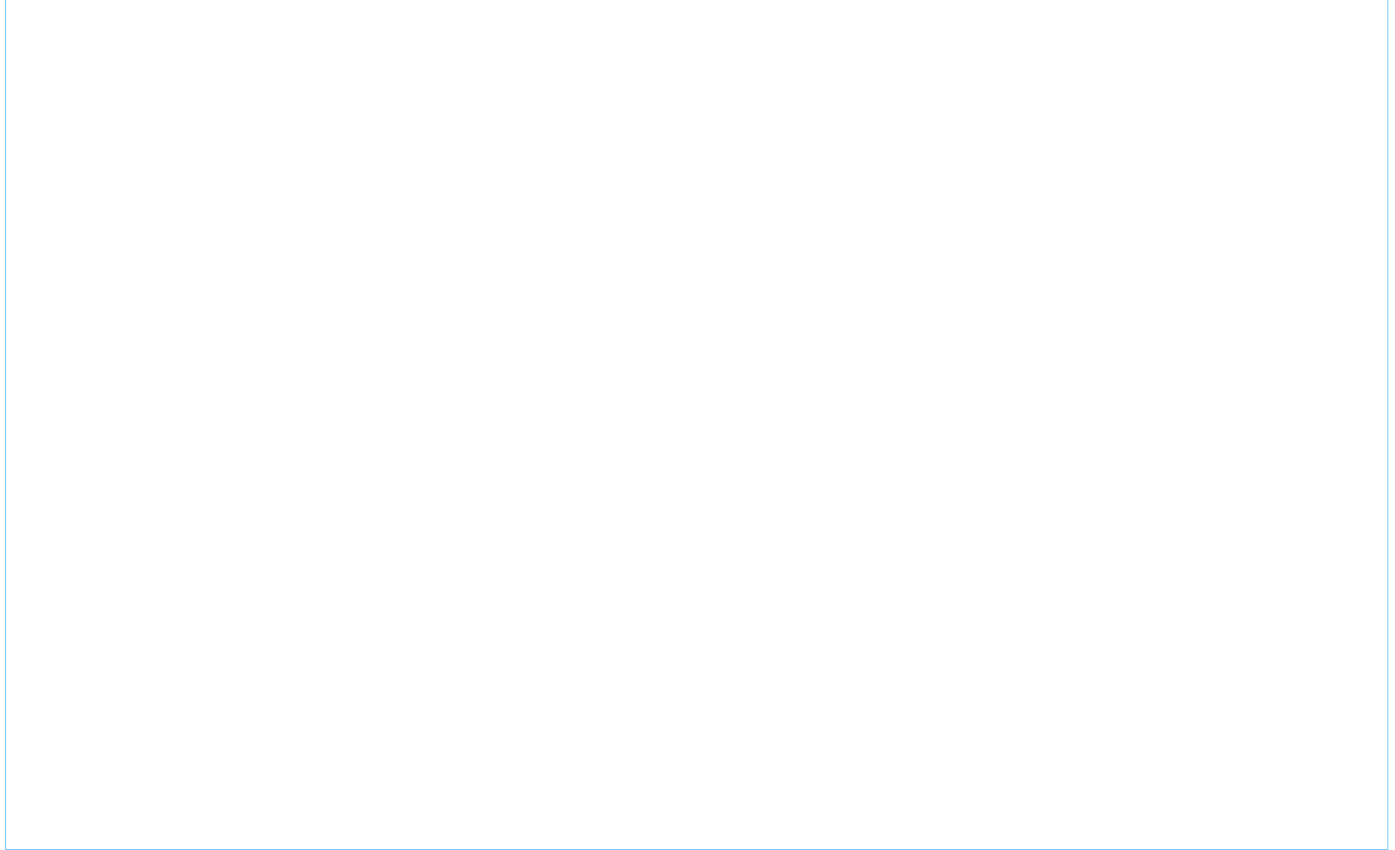
Do some research and find out how much an hour these jobs pay. Then calculate how many hours a week you would need to do one of these jobs to make a difference (both on a financial level and also to make a shift energetically to the energy you hold around money). Write down your findings next to each job.

Then write down below which 3 things you feel most inspired to do (whether it's because you'll make good money or because it's something you'd enjoy). Do some more research e.g. look in the local papers or the internet and see what's available, and spend time each day visualizing or affirming you are making extra money doing a job or business like this.

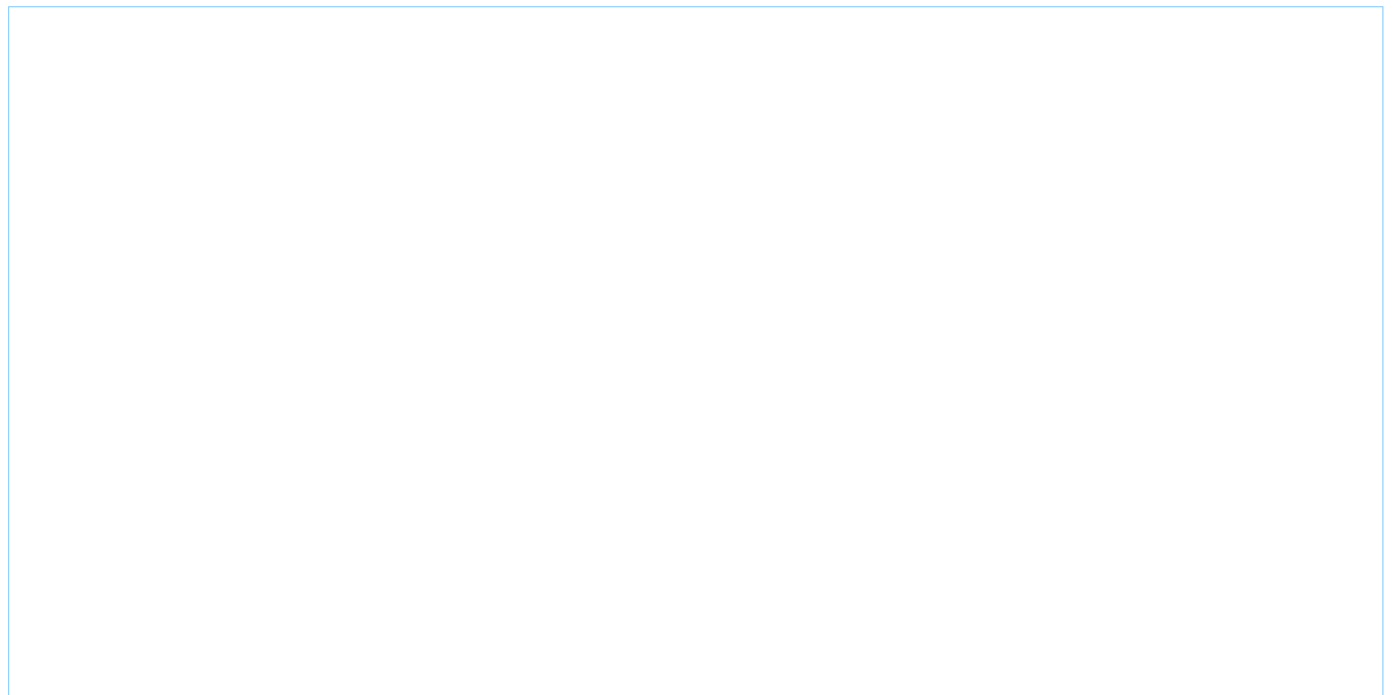
# Do What You Love and the Money Will Flow

Start your own business. Visit [www.WildlyWealthyFast.com](http://www.WildlyWealthyFast.com) for more great money-making ideas.

If you haven't already done so, list your passions and strengths. Write down things you would be doing, even with no money involved (your passions), and things you're naturally really good at (your strengths). Which of these would you love to pursue as a money-making venture?



Now do some brainstorming and write down at least 3 ideas for a business – don't get your logical mind involved. Just jot down some ways you could turn your passions and strengths into making money. Remember: leave the logical mind behind – get creative!



# State Your Desires



Write your own Desire Statement. Include things that make YOUR heart sing, such as how much money you're making; whom you're working with; how you feel as you go through your days; where you're working from (or the ideal view as you work); the type of people you're working with, etc. Big tip: keep your logical mind AWAY from this exercise. Just picture the ideal and write it down as if it's already happened.

## Perfection Before Prosperity?

Understand that the Universe will only give up on you when YOU give up on you. So persist and you WILL succeed. Make a declaration to yourself now that you will achieve the success and prosperity you desire. Write it out and sign it.

I,

now declare by divine right that I will persist until I succeed!

I will do whatever it takes and for how long it takes until the Universe sends me the riches, abundance, success, happiness, and joy I desire and deserve.

I know prosperity is coming to me now and I am ready to accept with every ounce of my being the wealth that is rightfully mine. I am now ready to be rich beyond my wildest dreams!

Signed and dated:

## Now You See It, Now You Don't

Recognise there may be ups and downs on the road to riches; focus only on the ups.

However, sometimes, it can be as simple as understanding you CAN manifest. Take a moment to focus on all the things you've already manifested or attracted into your life. Visit your Successes page (at the back of this workbook) and see first-hand evidence of what you've been able to deliberately attract into your life before, so you WILL be able to do it again.

Write down your top 3 successes here – the ones that make your heart sing (they don't have to be the biggest and best successes, just the ones that make you smile from the inside out every time you think about them). As you write them, I want you to feel how it felt in that moment, knowing YOU created that. As you write them down, flood your body with those same feelings you were experiencing then (e.g. excited, powerful, connected, proud, relieved, invincible, etc.).

## One Drop and the Flow Begins

Make a list of all the little (or big) ways you have experienced being in the flow over the last few months that you may not have previously acknowledged. While making this list, get excited about the fact that if you can manifest small, you can just as easily manifest massively magnificent! Keep in mind that it doesn't necessarily have to be financial manifestations – write down anything that occurred that made you feel you were in the flow, that things came effortlessly and easily to you.

# Open Yourself to Receive



1. Define your goal, your desire, or thing you want to attract into your life – be specific
2. List at least 3 actions you can take that will move you toward your goal.
3. Plan the ideal outcome and calculate the cost - so you have something practical to focus on.

Desire:

Actions:

Ideal outcome and cost:

Next, believe you will manifest this desire. Take the actions you have outlined along with spending 10 minutes a day seeing yourself as already having achieved this goal, living this dream, and feel this picture in every cell of your being. Really connect to the picture.

If you can, gather some pictures and stick them here to remind you of your goal.



# The More You Give.... The More You Get



Rather than just talk about it, take the plunge and commit to giving 10% of your income away. It is your confirmation to the Universe that there is MORE than enough in your life (which then becomes an order the Universe will fill).

Places/organisations/groups/causes you will look into regarding tithing:

## Give Them Wings

Begin to enjoy receiving from today – and I mean really enjoy it. When someone gives you anything at all (including a compliment), graciously receive it. Smile, savor the moment, and remember you're in the flow.

Record some moments you receive graciously over the coming days and weeks:

# Do You Feel Rich?

Make a list of at least 20 things that make YOU feel rich. Then make sure you do AT LEAST one of these each week. Add to this list as you discover other ways to feel rich.

## When it All Goes Wrong... Get Excited!

Write down a few things that aren't currently going the way you'd like and then write a wonderful outcome, e.g., situation: My boss is being really nasty, and my co-workers are intolerable and I'm thinking of quitting. Wonderful outcome: I'm made redundant with a huge payout, which gives me the time to look for something better. Within a short time, I decided to start my own business... I find the perfect training, community, and teacher. I end up creating a business I am passionate about, I'm working my own hours and making more money than I've ever made before. I feel abundant, free and so proud of myself!

# The Most Powerful Force in The Universe



Print off your Abundance Affirmation and place where you can see it daily. You can also listen to the audio to unleash this powerful force. Write down some places you'd love to say the Abundance Affirmation, places you would feel inspired, connected, and powerful – write down how it makes you feel, and the emotions you feel.

## The More You Want, The Less You Get

Understand that by being attached so strongly to your desire (e.g., when it is coming and in what form) you are actually, in another way, saying you don't believe it will arrive. Instead, it is best to place your order with the Universe exactly as you would when you are having lunch with a group of your best friends at your favourite restaurant, then sit back and relax enjoying the company and shifting your focus from the food to your friends, knowing it will come in the perfect way in the perfect time – you don't jump up every 2 minutes to see if the Chef is doing his job.

It's the same with your order to the Universe. Place your order, then relax and occupy yourself with other ideas, thoughts, and activities; knowing your desire is on its way.

Make a list of things you can do when you feel yourself checking to see where your 'order is'. Make sure you DO them when you feel yourself noticing your dream, desire, or goal has not yet arrived, things you know will take your attention away from the 'lack of' your desire. For example... read some of your successes; listen to some favourite music or guided meditations, phone a friend and have an uplifting conversation; read a good book.

# Ride on the Wings of Prosperity

Use laughter and fun to become more magnetic to money. Focus on prosperity and your desires when you are already attracting more (big or small) and you will Ride on the Wings of Prosperity.

Make a list of ways you like to have fun, and of things that make you laugh. Check back on this page and put them into practice when you want to get into the flow.

Every single time you feel you are already in the flow, focus even more on what you want to attract into your life. Write the following commitment to yourself and then sign and date it:

I,

hereby make a commitment to the Universe to become even more magnetic to all I desire. From this day forward, each time I recognise I am already in the abundance flow, I will spend a moment focusing on those things I wish to attract into my life and feel myself being propelled toward them, as they are propelled toward me.

Signed:

Dated:

# Show Me the Money!



Do something every day that moves you toward the Abundance and Prosperity that is waiting for you.

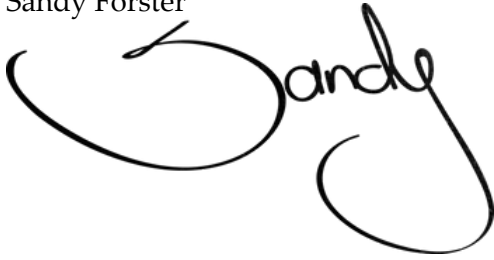
Go through the checklist in your book in this chapter and see if there is anything you have missed and should focus on so you can become Wildly Wealthy even faster! Remember: you don't have to do every single thing daily (although, the more the merrier), as long as you do something every single day.

## Spirit to Spirit

Make sure you send me emails along the way sharing YOUR prosperity and success. Every step you celebrate, I celebrate with you. Every step toward success inspires others to continue their success; every little achievement you experience propels others toward achieving.

I love to hear the impact 'How To Be Wildly Wealthy FAST' has made on YOUR life, so please, send an email to me at [info@wildlywealthy.com](mailto:info@wildlywealthy.com).

Sandy Forster

A handwritten signature in black ink that reads "Sandy". The letter "S" is large and loops around the word. The "a" and "n" are connected, and the "d" has a long, sweeping tail that loops back under the "n".

# My Successes



Please list your successes (both big and small) as you go, it's always great to include a word or two about how you FEEL as well. The written evidence of what you are creating will keep you motivated and excited along your journey.

Also, reading them at a later date can be just what the doctor ordered to give you a lift when you're having a down day. PLUS – it is very inspiring to occasionally read through them later and spend a moment just recognising exactly what you HAVE created.

# My Successes

A large, empty rectangular box with a thin blue border, intended for the user to write down their successes.

# Who is Sandy Forster



Sandy Forster is a master manifestor and loves sharing her secrets with women who are ready to transform their life.

By discovering ancient wisdom and combining it with cutting-edge technology she's gone from welfare to millionaire and now inspires and empowers women around the world.

Her bestselling book has been translated into 12 languages, she's created tens of millions of dollars for herself, and... her students have become millionaires or created abundance beyond their wildest dreams through her courses and teachings.

She loves sunrise walks on the beach and continues to transform women's lives around the world from her tropical paradise on the Sunshine Coast in Queensland, Australia.

As seen in...



Want to continue the money manifesting journey with me? Join Divine Money Manifesting, my international course and community where we focus on breaking through your blocks and any lingering self-sabotage and so you become a marvelous manifestor. You can focus on one (or more) specific and exciting big goal and see your dream life and income begin to appear before your eyes!

[www.DivineMoneyManifesting.com](http://www.DivineMoneyManifesting.com)



If you really love the Law of Attraction and this book has stirred something in you, imagine using these principles every day as a business, helping others transform while you create more abundance for yourself.

That's exactly what happens inside the Inspired Spirit Coaching Academy. I train women from around the world to become Internationally Certified Coaches, blending mindset, manifesting and the Law of Attraction with practical coaching skills. And right now, when you join you also receive Divine Money Manifesting for FREE so your own money mindset gets an upgrade as you study.

If that feels like your next step, or even if you're just curious, take a look at [www.InspiredSpiritCoachingAcademy.com](http://www.InspiredSpiritCoachingAcademy.com), and I'd love to see you join our international community inside the Inspired Spirit Coaching Academy.